

<b>Report to:</b>	Overview and Scrutiny Committee (Children's Services and Safeguarding)	<b>Date of Meeting:</b>	Monday 7 November 2022
<b>Subject:</b>	Integrated Care Systems and Start Well Update		
<b>Report of:</b>	Executive Director of Adult Social Care and Health	<b>Wards Affected:</b>	(All Wards);
<b>Portfolio:</b>	Health and Wellbeing Children's Social Care		
<b>Is this a Key Decision:</b>	No	<b>Included in Forward Plan:</b>	No
<b>Exempt / Confidential Report:</b>	No		

### Summary:

The report provides the committee with a brief overview of the Integrated Care System development through the Sefton Partnership and provides specific detail on the Start Well Plan and its delivery.

### Recommendation(s):

- (1) The Committee are asked to note the contents of the report and provide comment as required.
- (2) The Committee are asked for their ongoing support to the delivery of the Start Well Plan and to receive further updates and reports in due course.

### Reasons for the Recommendation(s):

The Sefton Partnership is now operational, and this is a key area of delivery.

### Alternative Options Considered and Rejected: (including any Risk Implications)

Not applicable

### What will it cost and how will it be financed?

#### (A) Revenue Costs

There are no direct revenue costs associated with the recommendations in this report.

**(B) Capital Costs**

There are no direct capital costs associated with the recommendations in this report.

**Implications of the Proposals:**

<b>Resource Implications (Financial, IT, Staffing and Assets):</b>	
N/A	
<b>Legal Implications:</b>	
N/A	
<b>Equality Implications:</b>	
There are no equality implications.	
<b>Climate Emergency Implications:</b>	
The recommendations within this report will	
Have a positive impact	No
Have a neutral impact	Yes
Have a negative impact	No
The Author has undertaken the Climate Emergency training for report authors	Yes
The contents of the report reflect a neutral impact on the climate emergency.	

**Contribution to the Council’s Core Purpose:**

Protect the most vulnerable: Proposals allow a Sefton Health and Care system focus on health inequalities and wider determinants of health
Facilitate confident and resilient communities: Proposals allow greater localised control and focus on the needs of the borough of Sefton in the design, delivery and review of Health and Care Services
Commission, broker and provide core services: Proposals strength the role of Strategic Commission at a Sefton borough level and encourage greater collaboration for better outcomes.
Place – leadership and influencer: Proposals set out the road map for greater local control driven by the Health and Wellbeing Board.
Drivers of change and reform: Proposals allow a Sefton Health and Care system focus on health inequalities and wider determinants of health
Facilitate sustainable economic prosperity: Proposals allow for a broader financial

focus on the borough of Sefton for Health and Care services
Greater income for social investment: Proposals allow for a broader financial focus on the borough of Sefton for Health and Care services
Cleaner Greener: not applicable

**What consultations have taken place on the proposals and when?**

**(A) Internal Consultations**

The Executive Director of Corporate Resources and Customer Services (FD 6992) and the Chief Legal and Democratic Officer (LD 5192) have been consulted and any comments have been incorporated into the report.

**(B) External Consultations**

Not applicable

**Implementation Date for the Decision**

Immediately following the Committee meeting.

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**Appendices:**

There are no appendices to this report

**Background Papers:**

There are no background papers available for inspection.

**1. Introduction**

This report provides an overview of the Start Well part of the Sefton Partnership Delivery plan. The report also details some key developments since the last report

**2. Background**

2.1 The 1st of July saw the formal establishment of the Sefton Partnership. This is as a result of the Royal assent given to the Health and Care Act 2022 in April of this year. The Act introduces significant reforms to the organisation and delivery of health and care services in England. The main purpose of the Health and Care Act is to establish a legislative framework that supports collaboration and partnership-working to integrate services for patients. Among a wide range of other measures, the Act also includes

targeted changes to public health, social care and the oversight of quality and safety.

2.2 At the heart of the changes brought about by the Act is the formalisation of Integrated Care Systems (ICSs). ICSs are partnerships that bring providers and commissioners of NHS services across a geographical area together with local authorities and other local partners to collectively plan health and care services to meet the needs of their local population. Locally this is the establishment of the Cheshire and Merseyside Integrated Care System. This solidifies the move away from the old legislative focus on competition to a new framework that supports collaboration.

2.3 Each ICS is now made up of two parts: an Integrated Care Board (ICB) and an Integrated Care Partnership (ICP). ICBs will be tasked with the commissioning and oversight of most NHS services and will be accountable to NHS England for NHS spending and performance. ICPs will bring together a wider range of partners, not just the NHS, to develop a plan to address the broader health, public health, and social care needs of the population. ICSs have the potential to reach beyond the NHS to work alongside local authorities and other partners to address the wider determinants of health.

2.4 A key premise of ICS policy is that much of the activity to integrate care and improve population health will be driven by organisations collaborating over smaller geographies within ICSs, often referred to as 'places', and through teams delivering services working together on even smaller footprints, usually referred to as 'neighbourhoods'. This means the disestablishment of the previous Clinical Commissioning Groups. Unlike previous reforms, which have over specified at a local level, the Act gives local leaders flexibility in how they setup these more local arrangements. Locally this has led to establishment of the Sefton Partnership as approved by Sefton Council Cabinet on the 23rd of June 2022. These new arrangements took effect on the 1st of July 2022.

2.5 On the 29th of July the Department of Health and Social Care issued guidance detailing the requirement for each Integrated Care System to publish an Integrated Care Strategy. This is required by December 2022. This means Sefton Partnership must deliver its own place plan by the end of October.

2.6 Our Place plan will include the life course thematic approach to Start Well, Live Well, all Age and Age Well.

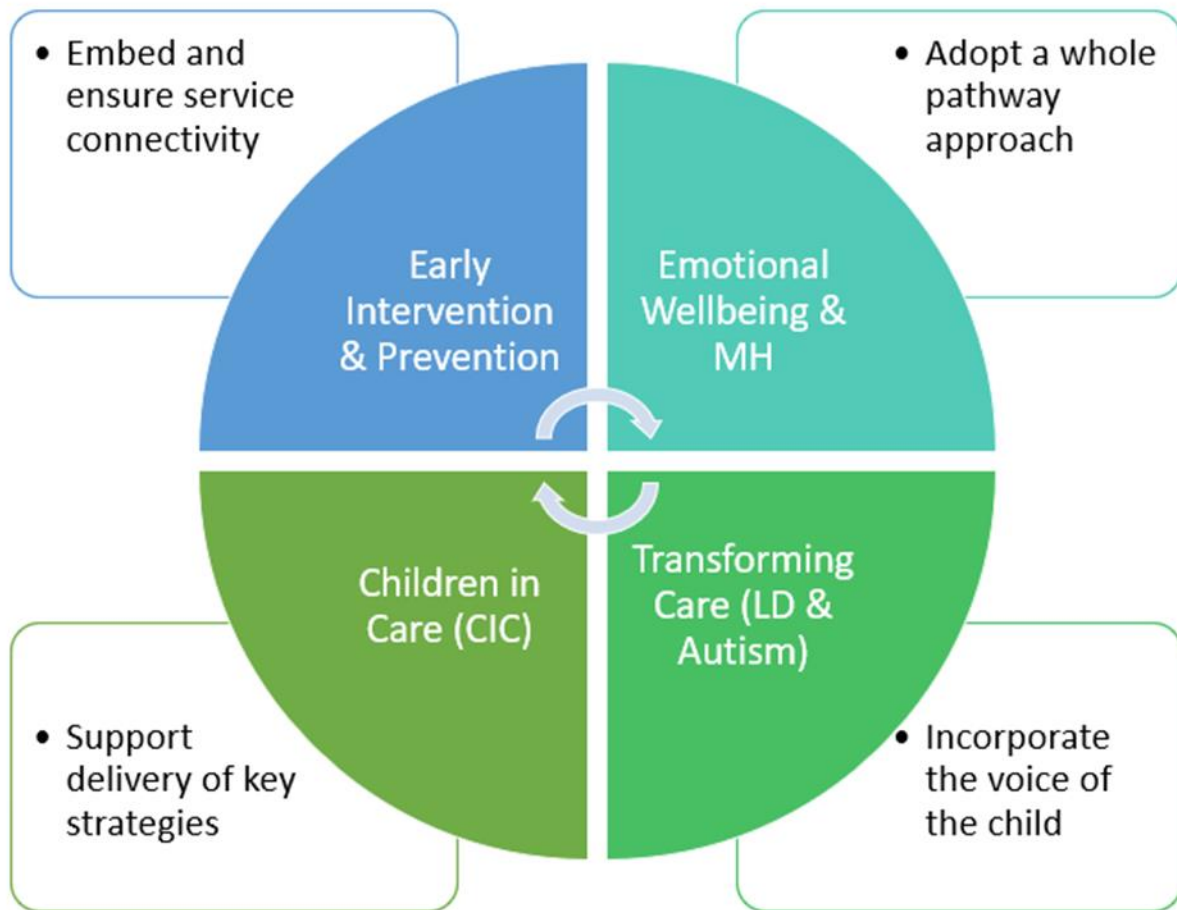
2.7 The Sefton Partnership is collaborative forum who role it is to enable the delivery of integrated population health and care services in Sefton. The Partnership aims to make recommendations by consensus to the ICB or other relevant statutory body. A Partnership agreement or memorandum of understanding was approved through the Cheshire and Merseyside ICB in September and signed by the following partners. This agreement has been recognised as good practice and shared across the 9 Places/Local Authority areas which make up the Cheshire and Merseyside ICS.

- Mersey Care NHS Foundation Trust
- Liverpool University Hospitals NHS Foundation Trust
- Southport And Ormskirk Hospital NHS Trust
- Alder Hey Children's NHS Foundation Trust
- Southport and Formby PCN and South Sefton PCN.
- Health Watch
- Sefton Council for the Voluntary Sector
- One Vision Housing.
- Sefton Council
- Cheshire and Merseyside Integrated Care Board.

It can be found at the Health and Care section of our Website.

### **3. Start Well Overview**

3.1 The plan was developed through an inclusive co-produced process to map current priorities across the age range, alongside contract information and Governance structure. This has been overseen by the Executive Commissioning Group and delivered by a leadership group consisting of Commissioners and Providers across the Sefton system. Work was then undertaken to refine by theme into 4 core elements and their delivery areas owned by system partners



3.2 Each area has been refined since last presented to the board as reflected in the following figures:



## Early Help - Intervention & Prevention



- Voice of the child, parents and families underpins all work in the EIP priority
- Key projects to be progressed include:
  - i. Re-commissioning of 0-19 service
  - ii. Development of Children's Living Well Sefton (LWS) service offer and support the wider CVS offer through wider partnerships
  - iii. Roll-out of Practise Hope self-harm training across primary care and links with broader ORCHA developments
  - iv. Best start in life developments, including BABS service and links with perinatal offer
  - v. Continued roll-out of MHSTs
  - vi. Emphasis on more children meeting developmental milestones at age 2 to 2.5, with a literacy focus
  - vii. Expansion of IAPT service for 16+



## Emotional Wellbeing & Mental Health



- Voice of the child, parents and families underpins all work in the Emotional Wellbeing & Mental Health priority:
- Key projects to be progressed include:
  - i. Early intervention within the context of enhanced therapeutic support
  - ii. Launch of multi-agency gateway review meetings to support children and young people at risk of potential tier four admission
  - iii. Launch of the Integrated Care Framework pilot
  - iv. Supporting the implementation of the nine North West CAMHS review recommendations locally within Sefton, including a partner-endorsed "alternatives to hospital" pathway
  - v. Expanding the digital offer



## Transforming Care



Voice of the child, parents and families underpins all work in the Transforming Care priority:

To improve access to services and support for CYP with learning difficulties and autism

Drive forward and deliver work around All Age Autism.

Ensure full impact of the DST and Key Worker model supporting the roll out of Intensive Support Teams whilst focusing on delivering improved performance and quality.



## Children in Care (CIC)



Voice of the child, parents and families underpins all work in the CIC priority:

The Strategic redesign of a local offer for placements in Sefton on a integrated basis (procurement under way)

Maximise assets such as designated nurse model – ensuring links to work through the Corporate Parenting Board

Deliver the required contributions to improvements needed as highlighted by Ofsted with the development of dedicated pathways

Continue to work on improving the timeliness of Health Assessments for our Children

### 4. Next Steps

4.1 Start well is now defined as a clear programme of work and the Start Well Group have now progressed to focus on tangible delivery with programme support. The group continues to have strong engagement and leadership from across Health, Social Care and providers with membership extended to include Voluntary sector representation.



4.2 Discussions continue around streamlined governance within the newly established Partnership: landscape. Commitment to reducing duplication wherever possible is there, however the maintenance of a dedicated Emotional Health and Wellbeing Partnership board remains and ongoing discussion on how the Early Help Partnership aligns alongside Children Social Care improvement infrastructure needs further consideration as this emerges. This Sefton programme will ensure it picks up key interdependencies with the Beyond Programme Board and any other key pieces of work across the Cheshire and Merseyside ICB.

## **5. Key updates**

### **5.1 Alder Hey service development and improvement.**

A key part of the group is our provider colleagues from Alder Hey Children's NHS Foundation Trust who have shared the following key areas of progress;

#### **Sensory OT**

In January 2022, the Sefton Community Occupational Therapy Service was commissioned to deliver a new service offer to upskill universal services and promote early identification and implementation of intervention of generic sensory strategies promoting integration and inclusion for children and young people. In the first 6 months of operation, the Occupational Therapy service have provided Sensory Training for 22 schools in Sefton, training 509 education staff with 100% of staff reporting that the training will have a positive impact on the way they work with children and young people in schools – feedback included “the most useful training we’ve had.” The OT service have also provided 18 parent workshops, providing training for 113 parents with 88% of parents reporting that they feel confident that they can use the strategies from the workshop with their child. Training for other professionals working in Sefton including School Nurses, Early Help Practitioners has also been delivered, with a further two training sessions planned for the end of the year. To support the training and workshops, the OT service also provides drop-in sessions for parents and professionals. In the first 6 months, 52 parents and 37 professionals have utilised the drop ins, with positive feedback that needs have been met in this session or signposting and referrals on utilised.

#### **SPOT (Speech and Language Therapy, Physiotherapy, Occupational Therapy)**

The SPOT service continues to operate in Sefton, providing multi-disciplinary assessment and review for children under 3 years of age who have complex needs and require two or more therapies to assist with developmental progress. SPOT also holds review clinics with a Consultant Neurodevelopmental Paediatrician, known as Complex Needs Clinics. In addition to the assessment and review clinics, SPOT also run group sessions within community settings at ‘Jakes’ and ‘Dobbies’ which allow families to attend with their child, have access to support and advice from therapists, work on goals and targets through play and sensory experiences and meet other parents.

## **Sefton Integrated Early Years Speech Language and Communication Pathway**

We have been commissioned to support the Early Years Sector with early identification and intervention of early language delay. This is being delivered through visiting Private and Voluntary Institutions to develop and support language champions to embed the WellComm Tool to screen and provide high quality intervention at a targeted level. We also provide Speech and Language Therapist (SLT) surgeries to enable early years practitioners easy access to an SLT to gain advice and strategies and ensure appropriate and timely referrals are made. ELKLAN 0-3 Programme is delivered to practitioners as well as providing the ELKLAN Communication Friendly Setting Award to settings.

Positive feedback has been received from Early Years Professionals using the advice line and the course:

“I like being able to talk to an SLT about a child, when I am unsure what to do next. It has given me so much confidence.”

“I now find that I can tell more easily which children to refer, and as I know more ideas of what to do with the children, there are some I don't need to refer”.

“having done the course I now know the small changes and progression for expressive language and I was able to give details to parents. They were really pleased and we could spot changes as the child progressed”

“the most useful and interesting information in the play session was about sequencing in play to help them to sequence in language. This has put into perspective why some children who I work with tend to struggle, and how we can support their language within their play”

“After the course I have started using books at every available opportunity as an invaluable tool”

### **Speech and Language Therapy Duty Line / Website**

All parents and professionals can access advice and guidance by contacting the SLT service directly by phone or email to talk through any concerns, questions they have about individual children. Many of these queries seek clarification on the appropriateness of referral, as well as requesting ideas and strategies that they can implement at home or in their settings. Advice sheets and leaflets can be sent out, and also accessed on the Alder Hey website including having these in audio function in many different languages to support families where written English is not understood.

### **5.2 Sefton Council Commissioning Update**

The Council has commenced tendering arrangements for a framework or purchasing system for children who need to be cared for in a residential placement. There has been significant work over the last few months to develop and strengthen relationships with providers. The arrangements will be

predicated initially on the securing of residential Care and fostering capacity alongside a menu of wraparound services required to support children who need this level of care through its life journey into adulthood.

We aim to ensure that we work with likeminded providers who will support our children to be happy, healthy, and secure in their childhood and through collaboration and a partnership approach offer the best opportunities to meet their potential in adult life.

The plan is to encourage innovation in delivery, promote partnership working and mutually ensure pathways are in place at a local level to meet the needs of our children.

The new arrangements will be established January 2023, and will deliver the following vision and aims:

- Local homes for local children which enables sustainable and positive outcomes. We would expect that providers on this PDPS will notify the homes team of any vacancies in the first instance to ensure bed spaces are not empty and the matching process can commence at the earliest possible opportunity.
- Right home; right location; right time; right price
- Operational and strategic relationships with providers to encourage investment in the market locally and to grow social capital within the borough of Sefton
- Greater flexibility and innovative commissioning and provision including the exploration of alternative and new models of delivery
- Commissioners and Providers working collaboratively across traditional service boundaries to improve outcomes for children, support step down avoid drift and plan for adulthood
- Ensure that wraparound services support the pathway through care for children in Sefton.
- Unlock our natural assets to support the future growth of provision in Sefton

A bid has been made to the Children's Homes Capital Fund, Department of Education, the bid looks to ask for funding to repurpose a derelict LA asset into a high-quality children's home that allows more Sefton CLA needing residential care to be placed within Sefton itself, and doing this with a new, innovative not-for-profit provider that will recycle any surplus into local preventative projects to ultimately assist Sefton's early help strategy. If successful, the Committee will be provided with further information.

### **5.30 – 19 service recommission**

The Health and Social Care Act 2012 sets out a local authority's statutory responsibility for commissioning public health services for children and young people aged 0 to 19 years (up to 25 with SEND). This includes all families with babies to be offered 5 mandated health visitor reviews before their child reaches 2 and a half years old.

The national Healthy Child Programme (HCP) provides a framework to deliver an effective early intervention and prevention public health programme based on a model of 'progressive universalism'. The 0 to 5 element of the Healthy Child Programme is led by health visiting services and the 5 to 19 (up to 25 with SEND) element is led by school nursing services. Together they provide place-based services and work collaboratively across the Children's Partnership where needed. The universal reach of the Healthy Child Programme provides an invaluable opportunity from early in a child's life to identify families that may need additional support and children who are at risk of poor outcomes.

The existing contract for the 0-19 Healthy Child Programme (HCP) provided by MerseyCare NHS Foundation Trust is due to expire on 31st March 2023, following an out of contract extension. In line with existing procurement legislation, the service is in the process of being recommissioned, to be fully operational by 1st April 2023.

Modernisation guidance for the National 0-19 (up to 25 with SEND) Healthy Child Programme was published in March 2021, with a full national specification due by the end of the year. 'Universal in Reach – Personalised in Response, the model is designed around 4 levels of service, providing community, universal, targeted and specialist levels of support.

The service has been respecified to reflect the modernisation HCP, in collaboration with Sefton Children's Partnership, reporting progress into Start Well and Collaborative Commissioning. The specification is fluid and will be adapted to meet national and local transformation agendas.

## **5.4 Health Commissioning updates**

### **Early Intervention and Prevention**

#### **Building Attachments and Bonds Service (BABS)**

The successful pilot which was launched in January 2022, offers a new Parent Infant Mental Health Service across Sefton to vulnerable families, specifically pregnant women, new parents and their partners, who struggle with their emotional wellbeing and/or other vulnerabilities.

Joint funding to extend the pilot until the end of March 2023 has been agreed by the Executive Commissioning Group, pending a formal review of the pilot and consideration of future investment.

### **Mental Health Support Teams (MHSTs)**

As part of the national roll out of the teams, Sefton has fully implemented 2 MHSTs which are supporting 40 local schools and colleges. The programme is being managed and delivered by Alder Hey across both Sefton and Liverpool. Funding for a third team has been secured which will be implemented from January 2023 and will support a further 20 schools (including all secondary schools, colleges and Special Schools), expanding MHST coverage to over 50% of Sefton schools. Plans for the implementation of the third team are underway and being overseen by the Sefton MHST steering group, which includes representation across Sefton's Emotional Health Partnership.

## **Emotional Wellbeing and Mental Health - CAMHS review**

Following the outcomes of the Northwest CAMHS review, all 'places' across the Cheshire and Merseyside ICS have been directed to develop a local action plan using a 'Logic Model' approach, to map existing provision, identify gaps and agree the actions required by the local system to progress.

Using this framework, the Sefton Emotional Health Partnership has been working collaboratively to develop the local plan, which will be reviewed by the Emotional Health and Wellbeing Board on 11 October 2022.

## **Framework for Integrated Care (FiC): vanguard**

This new Psychology led model aims to work with CYP who are at risk of being criminally and/or sexually exploited and their families (ages 13 – 19). It will embed an enhanced case management and trauma informed, strengths-based approach through training, consultation, assessments and interventions to the most vulnerable CYP with complex needs across Sefton. It is to be an integrated offer and should enhance existing provision including CAMHS and NHSE Liaison and Diversion.

Implementation plans for this new service offer across North Mersey are progressing well. Recruitment to the new staff team is ongoing and a Complex Needs Lead for Sefton has been appointed who is meeting with colleagues and services across the system to develop and embed the required systems and processes.

## **Gateway meetings**

As part of the 'New Models of Care' framework, the Gateway Meeting process is being implemented across Cheshire and Merseyside ICS, with oversight and support of Cheshire and Wirral Partnerships NHS FT. The meetings and associated processes are being implemented 'at place' to support the local system-wide management of children and young people at high risk of escalating mental health, to prevent a hospital admission or placement breakdown.

Including senior representation from Social Care, Education and Health, the Sefton system held its introductory Gateway meeting in September and will be meeting again in early November to progress implementation plans locally. This will also focus on alignment with the existing Dynamic Support Database systems and processes, which supports high risk children and young people with LD and/or autism.

## **Transforming Care (LD and Autism)**

ASD/ADHD pathway developments:

ASD post diagnostic Pilot - delivered across Sefton and Liverpool by third sector providers Advanced Solutions and Alder Hey, this pilot which is currently funded by Cheshire and Merseyside Transforming Care monies and was due to conclude at the end of October 2022.

Based on the evaluation of the pilot, which evidences the impact and value of the support for young people and their families, Cheshire and Merseyside Transforming Care Partnership has agreed to extend funding for the programme until the end of March 2023.

### **ASD Community Network programme**

This was previously funded through National Lottery Funding and provided by third sector providers Advanced Solutions, this 'open access' drop-in support offer has been much valued by Sefton families.

Although funding ended in September 2022, Sefton Place is considering a bid for Cheshire and Merseyside 'Beyond Programme' funding, which offers up to £50K for projects that support and improve outcomes for children and young people with Learning Disabilities, Difficulties and Autism. Closing date for bids is 21 October 2022. Future decisions and arrangements for recurrent funding for both elements of support will be prioritised as part of 2023/24 Sefton Place and joint/commissioning funding discussions.

### **Cheshire and Merseyside Transforming Care developments:**

ASD scoping - to understand provision and developments across the 9 individual Cheshire and Merseyside 'places', the TCP is undertaking a current autism scoping exercise using the NHS Long Term Plan ambitions as a benchmark.

To support local developments in this regard, Sefton Place commissioners have meetings in place with partners to map the current local neurodevelopmental offer so that gaps can be identified, to inform pathway development across the local system and wider ICS developments.

ASD dashboard development – to improve and standardise data, intelligence and reporting, initial discussions have commenced on the development of a Cheshire and Merseyside ICS Autism dashboard

### **Key Worker programme**

Recruitment to this new service has commenced. Interviews have been held for the Key Worker Manager post and the 3 Key Worker roles and informal offers have been made. It is anticipated that staff will be in post before January 2023.

The service will provide enhanced support to children, young people and families with LD and/or ASD who are at high risk of a hospital admission and who sit on the Sefton DSD. The team will be employed by Sefton Place but will actively work across the system.

## **6 Conclusion**

This is a critical time for Start well and the benefits of approaching challenges as a system are becoming clear demonstrated in the key updates above. The Partnership is asked to note the contents and provide steer and comment as appropriate.